



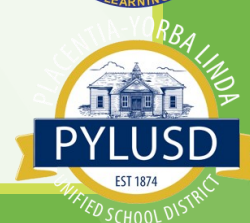
## Spotlight on: GOALS For Valadez Programs

GOALS For Valadez (GFV) is one of many afterschool programs fielded by GOALS. What's notable is that this is the largest and most dynamic of all of our afterschool endeavors. During the past "Covid-affected" school year, GOALS supported this impacted middle school in the Placentia Yorba Linda Unified School District with daily assistance for their school-based "distance learning center". Now that a new school year has opened for the 2021-22 year, GOALS is back at it. Daily afterschool sessions are offered for the prime hours of 3 to 6PM Monday through Friday. These include weekly field trips so that GFV participants can enjoy regular expeditions to athletic venues such as Anaheim ICE for skating and hockey, hiking on nearby nature trails, and visits to GOALS many other team oriented athletic facilities. There is daily strong support for homework help, study sessions, special GOALS education/social development classes, school site based team athletic exercise and games, and periodic guest speakers too. Given the late afternoon nature of this program a daily snack is provided as well. While some middle school programs can have difficulty in attracting and retaining enthusiastic teens, GOALS has increased its participation to record numbers. The total enrolled early on this Fall period for 2021 is over 160 youngsters—or about 50% above the state hoped for enrollment of about 105 per day. We salute the GOALS For Valadez dynamic duo featuring the leadership of Grace Cardona—the site coordinator, along with Elias Barrios—who is her right hand coach on site daily. A quick shout out must also go to Rob Casaba who oversees the district-wide ASES programs at multiple other sites and who manages to find time to get into action throughout the year with many activities both on and off site.



Valadez alumni Fernanda Rocha, now a Cal State sophomore, helps at one of many Valadez field trips this fall!

**GOALS operates the "GOALS For Valadez" daily afterschool program in partnership with the Placentia Yorba Linda Unified School District and its afterschool education and safety (ASES) initiative which is in turn supported by the State of California's Department of Education. The Valadez Middle School has enrollment that spans both Anaheim and Placentia. GOALS serves just about 25% of the entire school population annually!**



# GOALS For Valadez

GOALS has established a 5 day per week after school initiative in partnership with the Placentia Yorba Linda Unified School District. The initiative is called “**GOALS for Valadez**” (GFV). The program operates from 3:15 PM to 6:15 PM on all school days.

GFV is based at the **Valadez Middle School Academy** - 161 East La Jolla Ave, Placentia, CA 92870. The school telephone is 714-986-7440.



The GFV program features daily sports and fitness activities, homework help, nutritional snack time, special GOALS curriculum, math/computer lab, and a weekly film screening typically oriented around inspirational or legendary sports or social figures. A weekly field trip to GOALS venues such as the **GOALS Dreamscape, Anaheim ICE or GOALS Gardens** facility is also offered. Everything including the equipment, uniforms, bus transportation, coaching and educational support is provided at *no charge*.

It is expected that 150 to 200 teens will be involved throughout the year as they gain substantial academic, athletic and social enrichment through this program. All coaching, teaching, facility access, equipment, materials, daily nutritional snack, and bus transportation will be provided through GOALS at no cost to participating youngsters or their families. A sign-up form is distributed prior to registration and is available through school and after school program offices. Total daily participation is capped at 140 daily members. However, if immediate participation is not possible, an interested youngster's name will be placed on a waiting list which will enable participation should another student withdraw or fail to meet after school attendance or performance standards. *Participants must attend a minimum of 3 after school sessions each week totaling 9 hours of enrichment.* GOALS encourages all enrolled students to attend 5 days per week after school.

Support for GFV comes partially from the State of Ca. Dept of Education After School Education & Safety program (ASES). In 2009 GOALS received the prestigious “Partners in Educational Excellence” award from the Association of California School Administrators.

The GFV represents a substantial expansion of GOALS program support to this particularly underserved community in the City of Placentia (La Jolla) where GOALS had previously provided after school support once to twice weekly in past years through weekly GOALS classes and field trips.

College internships and volunteer participation support are welcome to supplement a daily GOALS staff commitment involving coaching sports, math lab, homework help and other activities.

For more information about the GFV program contact the GOALS office at (714) 956-4625.

For general information about GOALS visit our website at [www.goals.org](http://www.goals.org)



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# GOALS For Valadez - Overview of Program

*Goals For Valadez is a 5 day per week free after school program that operates from 3:15 PM to 6:15 PM. All program supplies, activities, equipment, uniforms, coaching, teaching, travel, etc., are provided free by GOALS. GOALS is a not for profit youth program that works in partnership with the Placentia Yorba Linda Unified School District. For more information call GOALS at (714) 956-4625 or visit [www.goals.org](http://www.goals.org).*

## After School Snacks



A free after school snack will be provided by GOALS. This is coordinated with the Placentia Yorba Linda School District. The typical snack time will be immediately following the school day and prior to other after school activities. GOALS For Valadez (GFV) participants are permitted to bring supplementary snacks and drinks – sports drinks or especially water are encouraged.

## After School Learning

Each after school day will feature a brief assembly with ALL GFV participants in the Valadez multi-purpose room. On



**Monday**, a GOALS Class will feature the after school curriculum of the week. The overall GOALS For Valadez group will typically be split into 4 teams, and each team will participate in their own academic learning session. Following the GOALS Class, one team will typically head out for sports activities at one of the GOALS facilities while the other three teams will enjoy **math lab, homework help and school based sports activities**. The last half hour of each day will feature a “re-union” of the teams at the multi-purpose room for **a round up of daily activities, a feature film presentation, and then dismissal**. GFV students are to attend a minimum of 9 hours weekly. We recommend a minimum of attendance Monday, Tuesday & Wednesday after school with Thursday and Friday attendance also encouraged.

## After School Travel



GOALS will provide free bus service to GOALS facilities for feature sports activities such as soccer, tennis, and lacrosse at the GOALS Dreamscape facility, roller hockey at GOALS Gardens, or ice hockey at Anaheim ICE. Students will typically be off-campus once per week from 3:30 PM and will return between 6:15 PM – 7:45 PM depending on the activity. Ice hockey usually runs late, wrapping up after 7:30 PM. GOALS Gardens or Dreamscape activities typically will end at 6 PM will arrival back at Valadez by 6:15 PM for regular dismissal time.

## After School Athletics



All GFV participants will be placed on one of the four named Valadez teams. These are: the Golden Eagles, Soaring Eagles, Crested Eagles, and Imperial Eagles. These 4 “franchises” will compete in the “GOALS Cup” Division of GOALS Athletics along with other GOALS teams from the regional area. Athletics will feature volleyball, tennis, lacrosse, team handball, soccer, basketball, softball, roller hockey, ice hockey and other general fitness activities. Emphasis will be on fun and fitness. All equipment, uniforms, facilities, and coaching are provided free and NO experience is needed – only a willingness to try and to have fun.

## After School Films



As time permits, GOALS will feature a weekly film presentation – that will match the theme sport profiled during a particular month. The films will typically have a social message and/or introduce legends in a particular sport such as Jackie Robinson in baseball or Arthur Ashe in tennis who broke color barriers and became great role models for all young people for all time.

## After School Facilities



Daily activities will take place on campus at the **Valadez Academy** as well as off-campus at GOALS facilities. On-campus activities will be concentrated in the multi-purpose room, math lab, sports fields and some classrooms. Typically one or two teams will be bused off campus to enjoy the use of GOALS facilities at **GOALS Gardens, the GOALS Dreamscape, or Anaheim ICE**. Those facilities are all in central Anaheim, about 10 minutes from the Valadez campus.

## On-Going & Summer Opportunities



Participation in GFV programs is a great enrichment step to accelerate learning, improve social skills, get in better physical shape, meet new friends, learn new skills, and get the most out of this year in school. Even **more fun** awaits come summer time! All participants will be eligible and encouraged to have free summer fun with GOALS Cadets and the “Summer of Service”. This 40-hour service opportunity gives teens a time to help others such as the disabled through sports with **GOALS “Special Sports”**. Other opportunities include helping pack food at the OC Food Bank, cleaning up parks and painting out graffiti through **“GOALS CityPride”**, or helping coach young kids with **“GOALS For Schools Sports & Literacy”**. GFV participants will enjoy a month-long **“Be A Leader” Series** on select afternoons in May at the Valadez Academy in preparation for the GOALS Cadets opportunity.